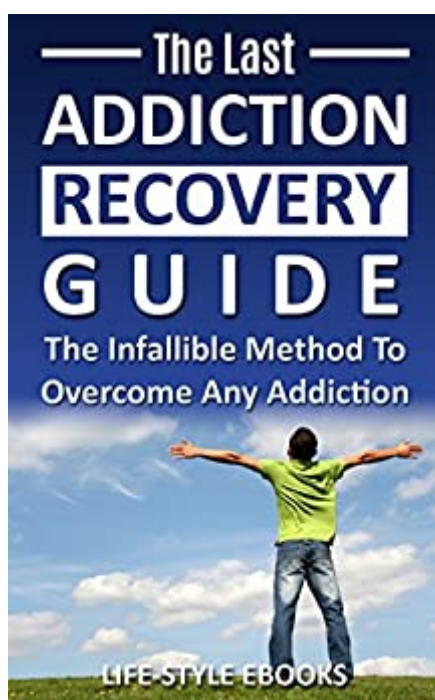


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Addiction: The Last ADDICTION RECOVERY Guide - The Infallible Method To Overcome Any Addiction: (addiction, Addiction Recovery, Breaking Addiction, Overcoming ... Addiction Recovery, Recovery, Clean Book 4)



Synopsis

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“The Last ADDICTION RECOVERY Guide” gives you the best method, advice and strategies for finally overcome your addiction! Do you want to know how to overcome your addiction without having to read a 300 page book? “The Last ADDICTION RECOVERY Guide” is for you!!!... a simple, practical guide in which you'll learn everything you need to know about addiction recovery in less than an hour! This book contains proven steps and strategies on how to understand your addiction problems, help your loved ones with their struggle against their compulsions, and devise the recovery methods that would work best for you. At the same time, this book will also serve as your guide in making your personal goals for the sake of overcoming addiction. If you are suffering from addiction, or you know someone who does, this is the book you need to read. Not only will this book help you understand your true struggles and how you can help yourself, it would also guide you towards making the right personal decisions and address the situation. This book would provide you all the things that you need in order for you to personalize your strategies to help yourself or your loved one defeat compulsions such as substance abuse, gambling problems, shopping addiction, or binge eating. Here Is A Preview Of What You'll Learn... Understanding the Enemy Are You an Addict? Debunking the Myth about Recovery The First Steps to Recovery Making the Commitment to Recover The Bumpy Road to Recovery When You Feel that You Have Lost Everything Much, much more! Download your copy today!

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Customer Reviews

Addictions seems to share a some traits no matter what. The most important thing is to understand the patterns and win the battle. This book will give you a new insight into the how of getting over your addiction!

In my life I have known many people with addictions and I've dealt with a few of my own. I found this book to be a very good resource for those who are dealing with any type of addiction. It is very enlightening on the topic and offers a variety of strategies for overcoming addictions and living free from them. I would certainly recommend this book to anyone who wants to live free from addictions.

Good book

There is no real easy way but certainly having the knowledge found inside this book will make one's recovery journey that much easier.

This book is fantastic and very helpful. By the help of this book I have learned about how to overcome any addiction. Inside of this book I have found some infallible methods. Two weeks ago, my cousin suggested me about his book and I am glad to read this book. This book is well written and the author of this book had described every method step by step. Inside of this book I have found some proven steps and strategies on how to understand any addiction problems. Actually, the last few months I was in addiction problem. This book really helped me a lot and opened my eyes. By reading this book I have understood about the first steps of recovery. I followed some of these techniques and amazingly within a week I got tons of improvement inside me. If you have any addiction problem and want to overcome from that problem, then this book is perfect for you.

good stuff

I personally pick this book for my cousin and the member of his family. I can say that it is really never easy to understand addiction and it's recovery. This book is a great guide. Sharing this to my mom as well. Amazing read and absolutely worth the time!

This is one great book from which I believe that many will benefit. The book has many advises and lessons on how to quit some type of addiction and change your life forever. I am very glad that I found this book and I definitely learned a lot from it. This is why I rate it with 5 stars and I strongly recommend it to everybody who is struggling with some type of addiction!

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